



NEW BRUNSWICK
DELICIOUSLY CANADIAN

TASTY BY NATURE



Deliciously Canadian

POTATOES

- World leader in potato production.
- 1 out of 5 French fries are from New Brunswick.
- Our potatoes grow in optimal soil, surrounded by clear air.
- Rich in vitamins, minerals and antioxidants.

Blessed with the perfect natural conditions for growing potatoes, New Brunswick's climate is so potato-friendly, it actually makes them more delicious! Our unique "Holmesville" soil is one of the most fertile types in North America. This optimal environment allows for a wide assortment of potato varieties to grow here, helping us to be recognized as a world leader in potato production, all of them tasty by their very nature.

New Brunswick is home to some of the world's leading potato processors, offering products like frozen French fries, potato chips, dehydrated potatoes and many more. Our state-of-the-art potato packing, and processing facilities are equipped with rigorous quality control systems that meet local and international requirements, registered through the applicable government agencies.

Potatoes are delicious on their own and are a key ingredient in many comfort foods and creative dishes alike, but their versatility doesn't stop here! Innovative manufacturers are turning to potatoes to make products like spirits, starches, pharmaceutical preparations and even biodegradable plastics!

New Brunswick is proud to deliver high-quality, superior potatoes to buyers around the world.

New Brunswick Potato Products

New Brunswick producers grow more than 50 varieties of potatoes. The most popular are: Russet Burbank, Shepody, Goldrush, Russet Norkotah, Innovator, Snowden, Atlantic, Monticello, Kennebec, Superior, and Chieftain.

Available products include:

- Seed potato.
- Frozen French fries.
- Potato chips.
- Table potatoes.
- Dehydrated potato products.

What Makes Potatoes the Original Superfood?

Potatoes are very nutritious. Contrary to popular belief, they are also relatively low in calories. They are the original superfood!

- A medium potato contains only 110 calories.
- Low calorie carbohydrate and has more potassium than a banana.
- No fat, sodium, or cholesterol.



View our
Online Agri-food
Supplier Directory

